Smart design for a better night’s sleep thanks to breathable compression technology

JOBST® Relax is a night compression garment that complements patients’ recommended day-time lymphedema therapy. Designed to maintain edema reduction and counteract fluid accumulation at night, your patients will feel the difference and sleep more easily thanks to its lightweight and breathable features.

High performance and results enhanced by the Comfort Spacer Layer

One of the special features that sets JOBST® Relax apart from other night compression garments is its Comfort Spacer Layer, created with a special knitting technique that delivers the right balance between fabric thickness, cushioning and breathability.

A combination of monofilaments and moisture-managing yarns creates a lightweight garment, meaning that heat and perspiration are likely to be transferred much more effectively from the surface of the skin. The flexible material also promotes freedom of movement during sleep as the flat-knit properties make it less likely to wrinkle into skin folds and cause constriction.

Provides cushioning and can adapt to various sleeping positions. Made with Coolmax® Air Technology.

“I was immediately convinced by the material (of JOBST® Relax). I had never seen anything like this before. We did some patient trials with outstanding results in edema reduction and significant break up of tissue fibrosis. It was especially impressive that the patients did not complain about discomforts, such as slipping, pinching or excessive heat.”

Hans Pritschow — Lymphedema Therapist, specialist in manual lymphatic drainage, Germany.

Colors

- Rosé
- Beige

Styles

- Arm Sleeve
- Thigh High
- Knee High

Optional

- Zipper

Compression Classes

<table>
<thead>
<tr>
<th>AG1</th>
<th>CGL</th>
<th>AG2</th>
<th>AG3</th>
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Compression for Continuous Comfort at Night

JOBST® Relax

Our assortment for a relaxing night routine
JOBST® Relax

Giving your patients the relief and relaxation that they deserve

Nighttime lymphedema management routines may offer a great opportunity to improve therapeutic care when used in combination with the right products.

A recent clinical study provided insight into the patient experience of wearing night compression and found that night swelling impacts the patient’s life, especially causing pain and sleep disturbance. Nevertheless, existing products for night therapy caused discomfort, skin reactions, and/or a sense of heat and perspiration.1 Patients identified the most important characteristics of a night compression garment and prioritized the following features:

Meeting the needs of your patients2

Patient needs: How JOBST® Relax meets patient needs:

- Breathable / less warm: Yarns help to limit heat generation.
- Softer garment: Soft materials for comfort and flexibility.
- Thinner / lighter garment: Special flat-knit to support freedom of movement.
- More comfortable: Cushioning effect from Comfort Spacer Layer.
- Less bulky appearance: Lower profile design than other night garments.
- No slipping / rolling down: Carefully defined material softness can help avoid slipping.

Better Quality of Sleep
98% of patients rated quality of sleep good or very good compared to when wearing previous night-time products.

Edema Control
Many patients reported a major improvement in their lymphedema the next morning, with 90% of patients describing handling of day compression to be good or very good after using JOBST® Relax at night.

Breathability
86.8% rated JOBST® Relax as good or very good in terms of avoiding heat generation and perspiration, respectively.

**JOBST® Relax**

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- Breathable / less warm
- Softer garment
- Thinner / lighter garment
- More comfortable
- Less bulky appearance
- No slipping / rolling down
- Carefully defined material stiffness can help avoid slipping

**Meeting the needs of your patients**

A recent observational study evaluated the clinical performance and safety of JOBST® Relax when worn during resting hours and at night by a series of patients with lymphedema. Patients reported a high level of satisfaction with both the garment and the comfort associated with it when wearing frequently, saying that it was easy to use, comfortable and conducive to sleep.

**Better Quality of Sleep**

98% of patients rated quality of sleep good or very good compared to when wearing previous nighttime products.

**Edema Control**

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**Patient needs: How JOBST Relax meets patient needs:**

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**Choose JOBST® Relax for proven comfort while sleeping**

JOBST® Relax was rated in terms of ease of use and comfort, with consideration to fit, breathability and wearing comfort. 94.5% rated the compression garment as either good or very good. Additionally, 85% of patients rated the donning and appearance of JOBST® Relax as good or very good.

**Fit**

- Good: 49%
- Very good: 45%

**Breathability**

- Good: 47%
- Very good: 50%

**Appearance**

- Good: 35%
- Very good: 49%

**Wearing comfort**

- Good: 71%
- Very good: 25%

**Donning**

- Good: 46%
- Very good: 41%
Giving your patients the relief and relaxation that they deserve

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Meeting the needs of your patients

Patient needs:  
- Breathable / less warm
- Soft fabric / less heat generation
- Thinner / lighter garment
- More comfortable
- Less bulky appearance
- No slipping / rolling down

How JOBST Relax meets patient needs:  
- Yarns help to limit heat generation
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Better Quality of Sleep

96% of patients rated the quality of sleep good or very good compared to when wearing previous night time products.

Edema Control

Many patients reported a major improvement in their lymphedema the next morning, with 90% of patients describing handling of edema compression to be good or very good after using JOBST® Relax at night.

Breathability

86.6% rated JOBST® Relax as good or very good in terms of avoiding heat generation and perspiration, respectively.

Choose JOBST® Relax for proven comfort while sleeping

A recent observational study evaluated the clinical performance and safety of JOBST® Relax when worn during resting hours and at night by a series of patients with lymphedema. Patients reported a high level of satisfaction with both the garment and the comfort associated with it when wearing frequently, saying that it was easy to use, comfortable and conducive to sleep.

86% of patients identified the garment as comfortable for sleeping.

Comparing JOBST® Relax to traditional night garments, 92% of patients wore it more frequently, 22% more comfortably and 18% less bulkily, which improved quality of rest and stress level.

患者 needs:

- 湿度管理
  - 由纱线组合与单丝线

特性的平针织造提供额外的缓冲和增强舒适度

- 纹理表面设计为微按摩皮肤
  - 以支持淋巴循环

- 设计易于快速穿戴，相比自绑带

- 易于穿脱

- 宽松的床搭

- 无缝感

- 无压力

- 舒适

选择JOBST® Relax，为了证明的舒适感而睡眠

一项最近的研究在临床使用中调查了JOBST® Relax的性能和安全性，该产品在夜间和休息时被多个淋巴水肿患者使用。患者在频繁穿着时对产品的舒适度表示满意，认为它使用方便，舒适且有助于睡眠。

98%的患者认为睡眠质量为良好或非常好，与以前的夜间产品相比。

水肿控制

许多患者报告夜间治疗后淋巴水肿有显著改善，90%的患者描述夜间压缩效果为良好或非常好。

透气性

86.6%的患者认为JOBST® Relax在避免热量生成和出汗方面良好或非常好，分别。

JOBST® Relax的舒适感和透气性，以及避免热量和出汗的性能。
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**Hans Pritschow** — Lymphedema Therapist, specialist in manual lymphatic drainage, Germany.

**Colors**

- Rosé
- Beige

**Styles**

- Arm Sleeve
- Arm Sleeve with Gauntlet
- Thigh High
- Knee High

**Optional**

- Zipper

**Compression Classes**

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<tr>
<th>AG</th>
<th>CGI</th>
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**Compression Classes**

- AG1
- G1
- AD
- AG

**Compression for Continuous Comfort at Night**

**Study Data**

**Including Study Data**

**JOBST® Relax**

Custom-Made Flat-Knit Compression Garments for Lymphedema Management at Night
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Colors

- Rosé
- Beige

Styles

- Arm Sleeve
- Thigh High
- Knee High

Optional

- Zipper

Custom-Made Flat-Knit Compression Garments for Lymphedema Management at Night

Compression for Continuous Comfort at Night

Study Data

Including Study Data

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